

Heralding the Outdoor Season



For the woman devoted to out-of-doors a sports coat model, like that shown in the picture, is a good choice for early season wear as a street coat. At the end of the season it will owe her nothing, for she will have had it always with her. Coats of this character are shown in great variety and they differ little from regulation sports coats. They are more quiet in color and somewhat more trim as a rule.

Not all the models designed for street wear are in quiet colors. The citron shades are much in evidence where smartly dressed women congregate. The checked coat is a favorite for both street and sports wear and is really classed according to the size of its checks—if they are big it

is of the sports sort, while very small checks are about as conservative as the more trying black.

For the young woman the coat pictured is a model that it would be hard to improve upon. It is reinforced at the front with a deep square yoke which improves its lines, giving them a straight direction at the middle front with a generous flare at the sides and back. It buttons to one side and has a collar high enough to be chic and becoming and so constructed that it can be turned back away from the neck when so desired.

Big patch pockets are furnished with a plait at the middle fastened with a button. The buttons at the front are set on in groups, and two buttons finish the oddly cut cuffs.

General Utility Suit



A suit for the street and general utility is made in a manner that appeals to young women and justifies their judgment. It is new in cut and very smart looking and it looks well in any of the fabrics—including the novel weaves—that have been used for this season's suits.

The skirt is not a new model, but is cut fuller than usual with deep, inverted plaits that extend to the waist line. These are its only distinguishing features. The coat is a novelty, simply and cleverly cut, with raglan sleeves and very full body. At the front a wide overlap terminates at the bust line. The coat fastens here with a half dozen large white bone buttons. Similar rows provide the decorative feature at the front and back and on the sleeves. There is a turn-over collar of the material and cuffs similar to it with a plaiting let in at the back of each. As in nearly all other tailored suits an extra collar and cuffs of white organdie, which are detachable, recognize the advent of summertime.

White pique, white satin, embroidered batiste and lace appear in collars and cuffs, with the various dark colors

used just now for street wear. In collars and revers and collars and cuffs there are occasional suits in which white broadcloth courageously faces the chance of losing its creamy whiteness and being thrown into the discard. But washable stuffs are prettier, more delicate, and more popular, and the tailored suit, either in wool or silk, is immensely enhanced by their freshness.

Other tailored suits, cut on lines with which we are now familiar, can claim the distinction of originality in certain details of their finishing. One of these has what are known as saddlebag pockets of formidable size set onto the skirt. In their silk-braided decoration, fancy silk lining and finishing, the inspiration of Spanish ideas is evident. The coat is cut with a square opening at the front, has scalloped and braided revers and a little low-cut vestee. The neck is finished with a soft ruffle of lace and a soft chemise of lace appears above the vestee.

Julia Bottomley

FOR YOUNG CHILDREN

PROPER DIET AS SET FORTH BY AN AUTHORITY.

Mothers Should Realize That Health and a Proper Advancement in Studies Depends to a Great Degree on the Food.

(Prepared by the United States Department of Agriculture.)

A young child may be considered well fed if he has plenty of milk, bread, and other cereal food; an egg once a day or its equivalent in flesh foods; a small portion each of carefully-prepared fruits and vegetables, with a small amount of sweet food after his appetite for other foods is satisfied. If there is too much or too little of any of these, his diet is one-sided.

To assist mothers to provide such a well-balanced diet for their young children, Miss Caroline L. Hunt of the office of Home Economics, has prepared the suggested bills of fare given below. With these menus, published in Farmers' Bulletin No. 717, "Food for Young Children," the mother will be able to plan other meals which will give the child the essentials, and yet variety enough to main-



tain his normal appetite. The meals, therefore, should not be considered as being either the best possible meals or the only good meals, and the housewife should not fall into the mistake of establishing a dreary routine.

Breakfast.
Orange (juice only for the youngest children). Farina with milk, bread and butter.

Apple sauce, oatmeal with milk, toast and butter.

Baked pears (pulp or juice only for the youngest children), milk toast, cocoa.

Stewed prunes (pulp and juice only for the youngest children). Cornmeal mush and milk. Toast and butter.

Grapefruit (juice only for the youngest children). Milk toast with grated yolk of hard-boiled egg.

Apple (scraped for very little children). Toast. Hot milk.

In each case enough milk should be given to make up the required daily amount, about a quart.

Dinner.
Meat soup. Egg on toast. String beans. Rice pudding.

Roast beef. Baked potato. Asparagus. Bread and jelly.

Lamb stew with carrots and potato. Twice-baked bread. Tapioca custard.

Creamed potatoes. Green peas. Stewed plums with thin cereal-milk pudding.

Baked halibut. Boiled potatoes. Stewed celery. Boiled rice with honey or sirup.

Broiled meat cakes. Grits. Creamed carrot. Bread, butter, and sugar sandwiches.

In each case enough milk should be given to make up the required daily amount, about a quart.

Supper.
Baked potatoes, served with cream and salt, or with milk gravy. Cookies.

Bread and milk. Apple sauce. Sponge cake.

Potato-milk soup. Twice-baked bread. Marmalade sandwiches. Graham crackers and milk. Baked custard.

Milk toast. Stewed peaches. Cup cake.

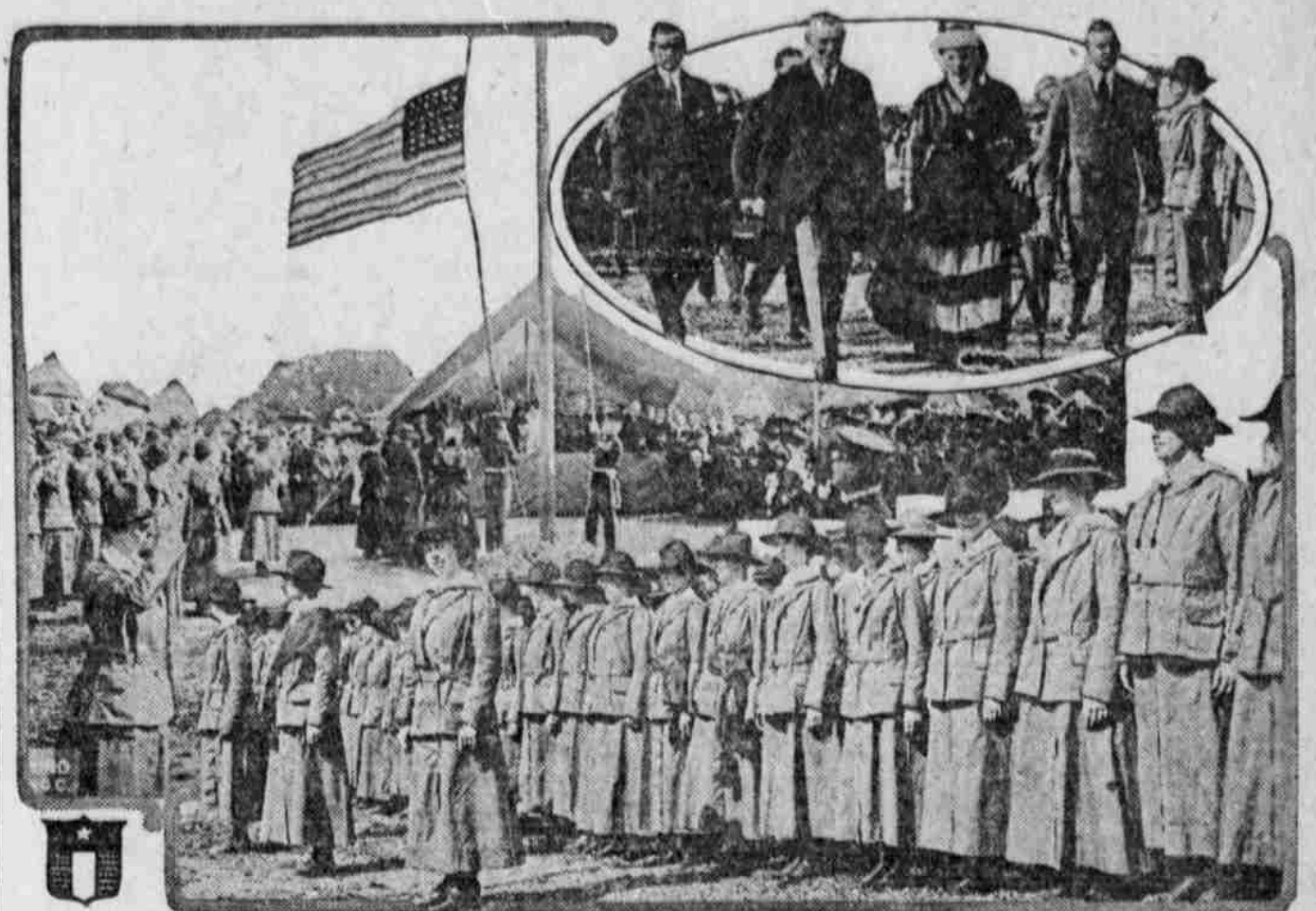
Celery-milk soup. Toast. Floating island.

In each case enough milk should be given to make up the required daily amount, which is about a quart.

Roily-Poly Steak.

Procure a good round steak; after beating thoroughly, lay flat on a board. Make a dressing of Irish potatoes, mashed fine, bread crumbs, small piece of butter, some minced parsley, minced onion, salt and pepper. Spread this mixture on the steak, roll over and over like jelly cake, fasten with skewers or sewing. Place in a baking pan with a little water, place in a hot oven and bake every few minutes. Sift over the top browned cracker crumbs. Serve with hollandaise sauce.

FIRST PREPAREDNESS CAMP FOR WOMEN OPEN



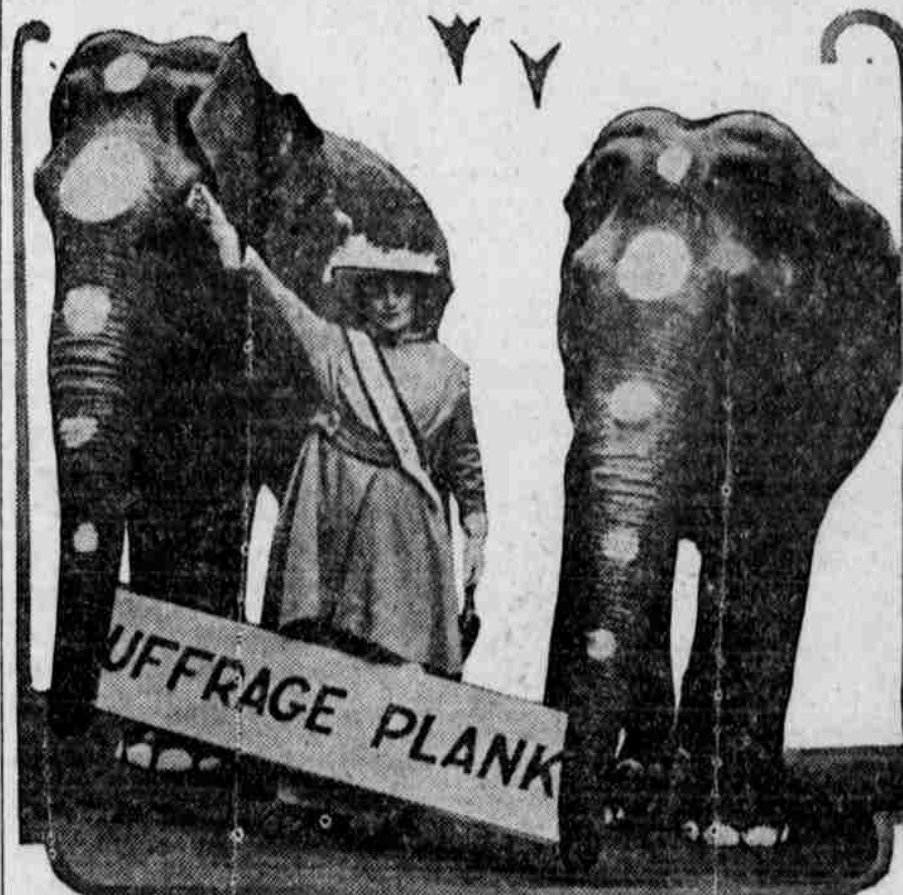
Scenes at the opening of the first preparedness camp for women at Chevy Chase, Md., near Washington, where a thousand society women are learning the essentials of war-time duty. In the center is shown the raising of the camp flag. Above is President Wilson marching to the ceremony. Below is a section of the khaki-clad campers.

AT THE END OF SIX DAYS' HIKE



Companies D, E, F, G, and H arriving in camp "somewhere in Mexico" after a six days' hike across the desert.

LEADERS OF THE SUFFRAGE PARADE



When the National American Woman Suffrage association stages its big parade in Chicago on June 7, the opening day of the Republican convention, the marchers will be led by these two elephants carrying the "suffrage plank." The combination will symbolize the demand of the women for a suffrage plank in the Republican platform. The elephants will be driven by Miss Portia Willis of New York, who is here shown between them.

VICTIM OF AERO ACCIDENT



De Lloyd Thompson, the aviator who was seriously hurt in an aeroplane accident on Long Island. He is wearing the costume designed by Admiral Peary for aviators who fly in the higher altitudes.

RANGE FINDING IN MEXICO



Soldiers of the expeditionary force practicing with the range-finder on the open mesa of the Mexican plain.

Needed Repairing.

Tommy, aged three, had fallen and hurt his knee, and as he sat rubbing the injured part he suddenly looked up and said: "Mamma, did God make me?" "Yes, dear," was the reply. "Well, then," continued the youthful philosopher, "if he had any pieces left I wish he'd mend my knee."

HOME BUILT FOR VILLA'S FAVORITE



This residence in Chihuahua was erected by Villa at great cost for his favorite wife, "Luz." After he evacuated the city it was looted and partly destroyed by a mob.